

Abigail Cheverst - Health and Safety for the arts - training and consultancy

Please find information below regarding health and safety training and consultancy services offered by Abigail Cheverst. Training rates are £350 per day (£200 half day) plus expenses for the voluntary and community sectors, £500 (£300) otherwise. Consultancy rates are around £50 / £75 respectively.

Health and Safety consultancy:

A range of health and safety based consultancy services are available, including:

- Initial consultation - Is the project safe? What are the main elements of risk and how can these be managed?
- Health and safety inspection of key project elements / events
- Ongoing / one off risk assessment and advice
- Complete event health and safety management
- Reports and recommendations

Abigail Cheverst is competent in all aspects of health and safety for arts and events including;

Accident reporting, recording and investigation / contracts / COSHH / crowd management / electricity / emergency procedures / ergonomics / fire prevention / health and safety plan / health and safety policy / information, instruction and training / legislation and guidance / manual handling / noise at work / organising for health and safety / people factors - reducing error and influencing behaviour / performances / personal protective equipment / risk assessment / roles and responsibilities / safe and healthy workplaces / safety / management models / signage / slips, trips and falls / stress / structures and fencing / VDU and office space / vehicle health and safety / violence at work / volunteers / vulnerable persons / welfare and first aid / work equipment

Health and Safety training:

Bespoke (topic):

Half or one day training courses are available on request for any of the health and safety topics listed above.

Bespoke (sector):

Half or one day training courses are available targeted to a particular arts sector or area, for example, 'Health and Safety for Carnival', 'Health and Safety for Voluntary Arts Organisations'. In such cases the course will provide an overview of all information relevant to the sector unless requested otherwise.

Mastering risk assessment:

Risk assessment is the cornerstone of health and safety law and an essential tool of good safety management practice. This course will look in detail at establishing the skills of risk assessment, including looking at a variety of

examples and practical demonstrations.

Health and Safety for managers:

An essential course for trustees, managers and managing partners covering health and safety responsibilities, organising for health and safety and effective safety management techniques for arts workplaces and projects.

Health and Safety for music workshop leaders:

A professional development course for music leaders providing a targeted and comprehensive overview of health and safety legislation and responsibilities with a focus on developing the practical skill of risk assessment and managing health and safety issues in the workplace.

Health and Safety for festivals:

Everything you need to know to ensure your event is safe and well run. This session draws and expands on the information in Abigail Cheverst's published work 'Health and Safety at Outdoor Community Events' [ISBN 1-899687-43-2].

An introduction to Health and Safety:

This is an introductory course which might be of particular interest to young people who would benefit from an understanding of the basics of health and safety as part of their professional development. The session is very practical and will focus around the principles of risk assessment and establishing safe behaviours.

About Abigail Cheverst:

Abigail Cheverst is professionally qualified in health and safety. She is a qualified freelance trainer specialising in health and safety for the voluntary and community arts sector and has worked in the community music sector for over eight years, running festivals and events and organising a wide range of continuing professional development events for community musicians and associated professionals. She has worked for five years as a Projects Officer for the UK development agency for community music. Abigail has published a range of books, articles and information sheets on health and safety for the arts including a series of books on health and safety for outdoor community events published by Voluntary Arts Network. A CV is available on request.

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